



**SOLANO**  
COMMUNITY COLLEGE



# YOGA CLASS

**Keep your mind healthy and release stress  
through our finals week free yoga class offering**



**LRC 113**

**Fairfield Campus**

**THURSDAY  
DECEMBER 5, 2024**

**10AM-11AM**

**RESERVE YOUR SPOT IN CLASS EMAIL  
ALINA.CASTILLO@SOLANO.EDU**