



Solano Community College

All Injury Information (Historical) for: Koizumi, Kai T 02/12/2025 Anterior Cruciate Ligament (ACL) TearPartial Or Complete -

Injury/Illness: Anterior Cruciate Ligament (ACL)	Injured: 02/12/2025	Athletic Trainer: Kristin Olson
:	Reported: 02/12/2025	Team: Solano Community College Men Baseball
:	Reinjury?: No	Resolved:
Body Part: Knee	Happened during: Game	Days:
Side: Right	Playing surface: Dirt	AMA signed?: No
MOI: Fell		AMA paper copy?: No
General Description:		Athlete DOB: 08/18/2005

Injuries

Injury Date	Reported	Injured	Injury Type
02/12/2025	02/12/2025	Right Knee	Anterior Cruciate Ligament (ACL) TearPartial Or Complete

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Injury Notes

02/12/2025 SOAP Note

Note by: Kristin Olson

S: Athlete was playing in game on 2/12/25. Athlete was base running from second to third base where it seemed his foot got stuck in the mud and then he felt a "pop" in his knee. Athlete reported immediate pain and was briefly assessed on field by ATC. Once fracture or any dislocations ruled out and joint was ruled stable. Athlete was allowed to stand. Athlete was unable to bear any weight through the knee and was assisted off the field with two teammates. Athlete reported no history of any previous knee injuries to either right or left knee.

O:

Observation: No swelling, ecchymosis, or obvious deformity, No other observable findings.

Palpation: Athlete noted mild pain upon palpation along anterior joint line. No other palpable findings.

AROM: knee flexion WNL (feelings of tightness noted, no pain), knee extension WNL, hip flexion WNL, hip extension WNL, hip adduction WNL, hip abduction WNL, none others tested.

PROM: knee flexion WNL (feelings of tightness noted, no pain), knee extension WNL, hip flexion WNL, hip extension WNL, hip adduction WNL, hip abduction WNL, none others tested.

RROM: None tested (ATC was at field and was not able to test appropriately).

MMT: quadriceps 4+/5, hamstring 5/5, none others tested

Neurovascular: None tested

Special Testing: +Lachmans, +Anterior Drawer, +Lever Sign, -Valgus, -Varus, -Posterior Drawer, -Posterior Sag Sign, McMurrays or Thessaly's not performed

A: Anterior Cruciate Ligament Tear of Right Knee

P:

Immediate: Athlete was given an ice bag and crutches. Since athlete was emotional, he was taken to the locker room and he called his mom.

Short Term: Referral to team orthopedic

Long Term: Confirmation of findings needed, continue to maintain range of motion and strength in athlete prior to surgery.

Kristin Olson, ATC

02/13/2025 Daily Note

Note by: Kristin Olson

Athlete confirmed he has an appointment with the orthopedic specialist on 2/14/25 at 9:30 am.

02/14/2025 Daily Note

Note by: Kristin Olson

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Athlete checked into ATR after his appointment this morning with the team orthopedic. Athlete reported surgery is scheduled for March 4th. Athlete did have x-rays done today and waiting on MRI. Based on physical exam, doctor confirmed ACL tear and went ahead to schedule surgery.

Athlete presented with minimal swelling and minimal pain today. Athlete was still using crutches for partial weight bearing. As long as athlete feels stable, walking and full weight bearing is ok.

Athlete began range of motion exercises, strengthening and cryotherapy by GameReady today. Athlete was advised to continue exercises at home and encouraged to be in the athletic training room as much as possible to maintain strength and range of motion. Athlete reported he will be back Monday. -KO
