



STAYING COMMITTED AND CONNECTED
2018

December 3,

Food Pantry Helps Students in Need



A recent email sent to Rischa Slade in Student Life is a good reminder of how our efforts to support the food pantry makes a difference. The letter reads:

"I wanted to follow up with an e-mail after I came in earlier today. I really appreciate how you took the time to show me around the back area and make all the services known to me. I also wanted to thank you for how kind you are to the students, myself included. My parents have struggled to make ends meet in recent months, so just knowing that I have all these opportunities at Solano makes me really proud to be here. Not to mention, I usually skip breakfast so the snacks you provide to us do help tremendously. Some days, I do not have enough money to buy food to eat at the cafeteria or the bookstore, especially with the prices getting higher, so being able to get a quick snack is fantastic. I am able to focus on my studies more with a full stomach."



Rischa responded, "Our goal in Student Life is to serve our students to the best of our ability, so it is wonderful to get responses like this from them.

We are grateful to have the opportunity to provide nourishing snacks to students to allow them to focus on their studies with 'full stomachs.'"

The pantry grocery give away is on Thursdays from 1-4. We have also expanded our services to the Vallejo campus.

STA Award for Reducing Bus Passes



A special award was given to SCC for our work to secure reduced bus passes for students, thanks to the work of Rischa Slade, Shirley Lewis, Greg Brown, and Rob Diamond. Celia Esposito-Noy, Trustee Quinten Voyce and Student Activities Director, Rischa Slade, who is also a former STA Board member, attended the event.

Students Submit Transfer Applications



Transferpalooza held Nov. 28-30 in the Transfer Center brought more than 80 students together with Counselors and 4-year university representatives to receive assistance on completing UC and CSU applications.

Students could ask questions about their applications as well as receive feedback and the short essays for UCs known as PIQs (Personal Insight Questions).

Congratulations to all who submitted their applications! The CSUs extended their deadline to Dec. 15, so there is still time to apply!

Music Students Join Nutcracker Performances



On November 24-25 and December 1, several SCC music students performed alongside professional orchestral musicians in the Nutcracker ballet performances with Benicia Ballet. It was a very successful run - we sold out all 4 shows.

Solano Community College Horticulture Club

Holiday Plant Sale

*Handmade Holiday Wreaths • Floral Arrangements
Winter Veggies & Bulb Starts • Succulents
Garden Plants • and MORE!*

PLANTS
MAKE GREAT
HOLIDAY GIFTS!

Thurs., Dec. 6th • 8am-5pm

Fri., Dec. 7th • 8am-5pm

Sat., Dec. 8th • 9am-12pm

Proceeds help support Horticultural Programs at SCC

Building 1000 in Parking Lot #6
Solano Community College

4000 Suisun Valley Rd. • Fairfield

For more info.: Sandra.Diehl@solano.edu or 707864-7000, ext. 4505

Athletics Update...



Soccer: Freshman **Kirstyn Gottschall** added All-Northern California Region First Team honors to her impressive rookie season, announced Friday. Gottschall, the Falcons' goalkeeper and the Bay Valley Conference Most Valuable Player, finished the regular season ranked seventh in the state at goalkeeper with 138 saves. She also was the Solano Athletics September Athlete of the Month. She started all 19 matches

for Solano, earning a career-high 18 saves against Evergreen Valley on September 11, and averaged 7.26 saves per game.

Women's Basketball: Sophomore **Sierra Chapman** recorded her third double-double of the season in the Falcons' 68-50 loss to LA Valley on Friday afternoon in the second round of the 42nd Annual Tom Gilcrest Invitational, hosted by College of the Sequoias. Chapman posted a 13-point, 13-rebound effort. Freshman **Jada Scott** tallied three steals and two assists.

Solano (4-6) heads to Los Medanos next on Tuesday, Dec. 4 for a 5:30 p.m. game that was rescheduled from November 15.

Men's Basketball: A trio of Falcons led the Solano men's basketball team to a two-overtime thrilling victory over Santa Barbara, 84-83, in the team's opening game of the Monterey Peninsula Tournament on Thursday evening.

Sophomores **Courtland McLean** and **Andrew Mimay** and freshman **Aaron Kelly** combined for 52 of the teams points, scoring 20, 15, and 17, respectively. The Falcons (1-5) continue competition at the tournament, facing the host team, Monterey Peninsula, on Friday, Nov. 30 at 5 p.m.

Volleyball: SCC hosted the 2018 CCCAA Women's Volleyball Championships over the weekend. The American River College Beavers took home their first-ever state championship on Sunday. American River rallied to defeat Fresno City in a dramatic five sets, 25-18, 23-25, 17-25, 26-24, 15-8, in what was also the first state final meeting of two North teams in the 42-year history of the tournament. American River certainly earned its state championship in defeating Top 10-ranked state teams in Big 8 Conference champion Sierra (Round 2, Regionals), South Coast Conference South Division champion El Camino in the quarterfinals, and Orange Empire Conference champ Irvine Valley, winner of the 2017 state title in the semifinals. With the Beavers win over Fresno, Central Valley Conference winner, it meant they had beaten four consecutive conference champions in a row to cap their crown.

SCC Athletics This Week



Women's Basketball

12/4/18 5:30 pm vs. Los Medanos AWAY
12/7/18 TBA vs. Lassen HOME
12/7/18 7pm vs. Cosumnes River HOME
12/9/18 TBA vs. Lassen HOME

Men's Basketball

12/4/18 6 pm vs. American River AWAY



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To submit information to Inside Solano, please email kristie.west@solano.edu