

STAYING COMMITTED AND CONNECTED 2017

DECEMBER 11,

Brazilian Soccer Star, and Solano Assistant Coach, Sissi, Appears in Chelsea Clinton's New Book



Olympic tournaments.

Former Brazilian soccer star and SCC assistant coach, **Sissi**, is one of the 13 women featured in Chelsea Clinton's upcoming book, "<u>She Persisted Around</u> the World: 13 Women Who Changed <u>History</u>."

Brazil's No. 10 before being succeeded by Marta, Sissi was the Silver Ball MVP winner and Golden Boot leading scorer at the 1999 World Cup, where she helped Brazil to a third-place finish. She also played in the 1995 World Cup and in two

Sissi's pro career included stints with the WUSA's San Jose CyberRays, WPSL's California Storm and she was player/assistant coach of the WPS's Gold Pride before retiring and settling in Northern California, where she also serves as assistant coach of <u>Solano College</u> women's team.

Read the <u>interview with Sissi here</u>, as it appears in *Soccer America*. And if you're interested in the book, <u>check it out here</u>.



Each Mind Matters Event



With a sponsorship from the California Community Colleges Student Mental Health Program and Each Mind Matters, California's mental health movement, our Solano College Student Health Center was able to give mental health resources and information for the students at Solano Community College. The event was held December 4-6th at the Fairfield, Vacaville and Vallejo campuses.

With final exams being stressful, especially at this time of the year, it was a timely event to talk with the students about self-care, as it related to stress and anxiety. They met with more than 180 people at all three campuses. In speaking with the students, they observed an overwhelming need for mental health services to this population of young people.

"Each Mind Matters" Mental Health Outreach organized by Regina Huerls (Left) and Suzanne Wang, RN, MPH, BSN, PHN (on right)

Lady Falcons Collect Gifts for Family



Thanks to the women's softball team, a family will have a merrier holiday. The ladies collected clothes and toys for a family in need and dropped it off last week.

They say they had a great time giving back! Way to go, ladies!

Academic Decathlon Volunteers Needed

A variety of volunteer positions await adults who want to help at the North Bay Region Academic Decathlon Jan. 27 and Feb. 3 at Solano Community College, 4000 Suisun Valley Road.

The Academic Decathlon is a competitive event modeled after the Olympics to stimulate academic achievement and honor "athletes of the mind." The competition among high school students centers on art, music, literature, mathematics, economics, science and social science.

For more information, click here.

A list of volunteer jobs, and a volunteer form, can be found here.

Robotics Event at SCC in January



The region is booming with a myriad of fun, engaging STEM / Robotics activities, many of which are tied to various pathways, classes, and clubs. Students in the Mechatronics & Robotics program here at SCC are excited about one event in particular that will take place on campus and want to encourage you all to attend.

Event information: **Sat, 1/6/18** 7 am - 9:30 am

Solano Community College, Theater Bldg 1200 FIRST Robotics Kickoff Viewing Event (high school) Local teams include: Vanden, Armijo, Buckingham, Vacaville High, and Napa

French Club Enjoys End of Semester Dinner



There was an unforgettable French club dîner de Noël Saturday night in the cafeteria.

Forty (40) members attended the event where they were enjoyed six delicious courses.

There was also singing, games and fun for all!

Lady Falcons Capture First Solano Showdown



The Lady Falcons were looking to capture their first Solano Showdown women's basketball tournament title since 2013, but they faced stiff competition in the event's 23rd edition.

The Falcons started quickly against De Anza of Cupertino and never let up on Friday in the first round of the Solano Showdown as they cruised to a 85-54 win.

The Falcons took on Chabot on Saturday with a 67-55 win. They took on Feather River on Sunday. The Lady Falcons came out on top with a 66-54 win over Feather River College.

Congratulations Falcons!



Solano Community College's Sarah Martinez tries to shoot over De Anza's Tabitha Simpkins on Friday during the Falcons' 85-54 win in the Solano Showdown.

You're Invited...



Please join us for dessert and hot chocolate as we celebrate the end of the semester Friday, December 15, 2017 1:00-3:00pm Board Room Hosted by the S-P Office

This is the last *Inside Solano* this year. See you in the spring!



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To submit information to Inside Solano, please email kristie.west@solano.edu