

# Psychology for Transfer (AA-T)

## CAREER PATHS:

Clinical Psychologist

Neuropsychologist and Clinical Neuropsychologist

School Psychologist

Psychology Teacher

Industrial-Organizational Psychologist

Rehabilitation Counselor

Additional Career Paths and related data, including state-by-state wage info and growth in the field, can be found at [www.onetonline.org](http://www.onetonline.org).

This program map represents one possible pathway. See a counselor to create a customized education plan. Map is for the 2019-2020 catalog year.



**SOLANO**  
COMMUNITY COLLEGE

## Psychology

Associate in Arts for Transfer  
GE Pattern: IGETC  
Program Total Units: 62

For more information  
please contact:  
(707) 864-7251



### FIRST SEMESTER

Total Recommended Units: 14

- PSYC 001** 3 units  
Introduction to Psychology (IGETC 4)
- ENGL 001** 4 units  
English Composition (IGETC 1A)
- LR 010** 1 units  
Introduction to Library Research and Information Competency
- PSYC List B of ADT** 3 units
- IGETC 1C** 3 units  
Suggested: Comm 001 or 002 or 003



### SECOND SEMESTER

Total Recommended Units: 16

- MATH 011** 4 units  
Statistics (IGETC 2)
- PSYC 002** 3 units  
Biological Psychology (IGETC 4)
- IGETC 3A** 3 units
- IGETC 4/Am Inst Grp 1** 3 units  
Suggested: POLSC 001 or PLSC 005
- Transferable Elective** 3 units  
(Course #001-049)  
Suggested: PSYC List B of ADT



### THIRD SEMESTER

Total Recommended Units: 16

- PSYC 040** 4 units  
Research Methods in Behavioral Science (IGETC 4)
- IGETC 1B** 4 units  
Suggested: ENGL 002 or 004
- IGETC 3B/Am Inst Grp 2** 3 units  
Suggested: HIST 017 or 018 or 028 or 029 or 037
- Transferable Elective** 3 units  
(Course #001-049)  
Suggested: PSYC List B of ADT
- Transferable Elective** 3 units  
(Course #001-049)  
Suggested: PSYC List B of ADT



### FOURTH SEMESTER

Total Recommended Units: 16

- BIOL 015(L)** 4 units  
Introduction to Biology (IGETC 5B w/ lab)
- IGETC 3A or 3B** 3 units
- IGETC 5A** 3 units  
With or Without Lab
- Transferable Elective** 3 units  
(Course #001-049)  
Suggested: Psychology List B
- Transferable Elective** 3 units  
(Course #001-049)

2020-2021 catalog  
year Pathways  
coming soon.

## GET STARTED NOW!

- ▶ **Get started on your Pathway now with these recommended courses!**  
Then – See a counselor to create a **CUSTOMIZED** education plan personalized to your career and transfer goals!
- ▶ Required courses may change depending on a student's career and transfer goals, including requirements for cross-cultural and foreign language courses, and/or specific requirements for an individual CSU or UC.
- ▶ Unique transfer requirements for a specific institution can be found at [www.assist.org](http://www.assist.org).

## LET US HELP YOU!

**How to Apply:** [solano.edu/ar/apply.php](http://solano.edu/ar/apply.php)

- **Questions? Talk to a Counselor Now!**  
Main Campus, Fairfield: (707) 864-7101  
Vacaville Center: (707) 863-7836  
Vallejo Center: (707) 642-8188  
Travis AFB: (707) 863-7878  
Visit online at [solano.edu/counseling](http://solano.edu/counseling)
- **Contact Our Career Center to Learn Your Career Options!**  
Call 707-864-7124, or email at [CareerCenter@solano.edu](mailto:CareerCenter@solano.edu)  
Visit online at [solano.edu/career](http://solano.edu/career)
- **You Can Afford College! Learn more about Financial Aid!**  
Call 707-864-7103, or email at [FinancialAid@solano.edu](mailto:FinancialAid@solano.edu)  
Visit online at [solano.edu/financial\\_aid](http://solano.edu/financial_aid)
- **College is Accessible!** Contact our Disability Services Program (DSP) at 707-864-7136.

Required Courses/Courses in Discipline  GE Courses/Categories

# Psychology

## Associate in Arts in Psychology for Transfer (ADT: A.A.-T)

### Program Description

The psychology program provides a broad overview of psychology as a science of human behavior and mental processes. The program emphasizes critical thinking, skeptical inquiry and the scientific approach to understanding major theories, methods, and research in psychology. In addition, personal, social, and organizational areas are explored.

### Associate in Arts in Psychology for Transfer

The Associate in Arts for Transfer is especially appropriate for students who plan to complete a bachelor's degree in Psychology at a CSU campus. Students completing an A.A.-T degree are guaranteed admission to the CSU system, but not to a particular campus or major. Students transferring to a CSU campus that does accept the A.A.-T will be required to complete no more than 60 units after transfer to earn a bachelor's degree. This degree also prepares students for psychology degree programs at other four-year institutions, but does not come with the same guarantees. In all cases, students should consult with a counselor for more information on university admission and transfer requirements.

### To earn the Associate in Arts in Psychology for Transfer degree, students must:

1. Complete 60 semester units that are eligible for transfer to the California State University, including both of the following:
  - a. The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth Requirements
  - b. A minimum of 18 semester units in a major or area of emphasis, as determined by the community college district.
2. Obtain a minimum grade point average of 2.0.

### Program Outcomes

Students who complete the Associate in Arts in Psychology for Transfer degree will be able to:

1. Demonstrate an understanding of the major theories in psychology.
2. Produce an APA formatted research proposal.
3. Demonstrate an ability to apply psychological concepts to everyday life.

| <b>REQUIRED COURSES</b> .....                        | <b>Units</b> |
|--|--------------|
| PSYC 001 Introduction to Psychology .....            | 3            |
| PSYC 002 Biological Psychology .....                 | 3            |
| MATH 011 Elementary Statistics .....                 | 4            |
| PSYC 004 Research Methods in Behavioral Science..... | 3            |
| One course from List A.....                          | 3-4          |
| One course from List B.....                          | 3            |

| <b>List A:</b> (select one course).....    | <b>Units</b> |
|--|--------------|
| BIO 015 Introduction to Biology .....      | 4            |
| BIO 016 Introduction to Human Biology..... | 3            |

| <b>List B:</b> (select one course).....          | <b>Units</b> |
|--|--------------|
| PSYC 005 Abnormal Psychology .....               | 3            |
| PSYC 006 Developmental Psychology .....          | 3            |
| PSYC 007 Cross-Cultural Psychology .....         | 3            |
| PSYC 012 Introduction to Gender .....            | 3            |
| PSYC 020 Personal and Social Behavior .....      | 3            |
| PSYC 030 Introduction to Social Psychology ..... | 3            |
| PSYC 034 Human Sexual Behavior .....             | 3            |
| PSYC 040 Drugs, Society & Behavior.....          | 3            |

|   |              |
|---|--------------|
| <b>Required Major Total Units</b> .....   | <b>19-20</b> |
| <b>CSU General Education or IGETC Pattern Units</b> ...                             | <b>37-39</b> |
| <b>CSU Transferable Electives (as needed to reach 60 transferable units)*</b> ..... | <b>10-19</b> |
| <b>Total Degree Units</b> .....   | <b>60</b>    |

\* 9-15 units may be double counted toward both the major area of emphasis and CSU General Education or IGETC Pattern. Consult with a counselor for more information on completing this degree.

# Psychology

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## Psychology

### Program Description

The psychology program provides a broad overview of psychology as a science of human behavior and mental processes. The program emphasizes critical thinking, skeptical inquiry and the scientific approach to understanding major theories, methods, and research in psychology. In addition, personal, social, and organizational areas are explored.

### Associate in Arts Degree

The Associate in Arts Degree can be obtained by completing the 22-unit major, general education requirements and electives. All courses for this major must be completed with a minimum grade of C or a P if the course is taken on a Pass/No Pass basis.

### Program Outcomes

Students who complete the Psychology Associate Degree will be able to:

1. Demonstrate an understanding of the major theories in psychology.
2. Produce an APA formatted research proposal.
3. Demonstrate an ability to apply psychological concepts to everyday life.

### REQUIRED COURSES ..... Units

|   |           |
|---|-----------|
| PSYC 001 Introduction to Psychology .....             | 3         |
| PSYC 002 Biological Psychology .....                  | 3         |
| MATH 011 Elementary Statistics .....                  | 4         |
| PSYC 004 Research Methods in Behavioral Science ..... | 3         |
| Three courses from List A .....                       | 9         |
| <b>Required Major Total Units .....</b>               | <b>22</b> |

### List A: (select three courses) ..... Units

|  |   |
|--|---|
| PSYC 005 Abnormal Psychology .....               | 3 |
| PSYC 006 Developmental Psychology .....          | 3 |
| PSYC 007 Cross-Cultural Psychology .....         | 3 |
| PSYC 012 Introduction to Gender.....             | 3 |
| PSYC 020 Personal and Social Behavior .....      | 3 |
| PSYC 030 Introduction to Social Psychology ..... | 3 |
| PSYC 034 Human Sexual Behavior .....             | 3 |
| PSYC 040 Drugs, Society, & Behavior .....        | 3 |
| HS 001 Introduction to Human Services .....      | 3 |

### CSU General Education or IGETC Pattern Units ... 37-39

|  |           |
|--|-----------|
| CSU Transferable Electives (as needed to reach 60 transferable units)* ..... | 8-10      |
| <b>Total Degree Units .....</b>  | <b>60</b> |

### Solano General Education..... 21

|  |           |
|--|-----------|
| Electives (as needed to reach 60 units)..... | 17        |
| <b>Total Degree Units Solano GE.....</b>     | <b>60</b> |

*\* 9 units may be double counted toward both the major area of emphasis and CSU General Education or IGETC Pattern. Consult with a counselor for more information on completing this degree.*

# Psychology

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## **PSYC 001 Introduction to Psychology**

**3.0 Units**

*General Education: Opt. A: Area B2; Opt. B: Area 4; Opt. C: Area D*  
*Transferable to UC/CSU*  
*Hours: 48-54 lecture*

Introduction to psychology as the scientific study of human behavior and mental processes. Major topics include history of field, scientific method, sensation and perception, brain and nervous system, states of consciousness, development, learning, memory, cognition, motivation, emotion, personality, tests and measurements, health psychology, behavior disorders and treatment, and social psychology. (C-ID PSY 110)

## **PSYC 002 Biological Psychology**

**3.0 Units**

*Prerequisite: PSYC 001 with a minimum grade of C.*  
*General Education: Opt. A: Area B2; Opt. B: Area 4; Opt. C: Area D*  
*Transferable to UC/CSU*  
*Hours: 48-54 lecture*

A focus on the relationship of genetic and physiological factors to behavior. Topics include how the brain and nervous system influence behavior including perception, sexual behaviors, sleep, drug use, disorders, memory and learning. Current theories and research in biological psychology are reviewed. (C-ID PSY 150)

## **PSYC 004**

**3.0 Units**

### **Research Methods in Behavioral Science**

*Prerequisite: A minimum grade of C in both PSYC 001 and MATH 011*  
*General Education: Opt. A: Area B2; Opt. B: Area 4; Opt. C: Area D*  
*Transferable to UC/CSU*  
*Hours: 48-54 lecture*

Introduction to basic research methods in the behavioral sciences. Assumptions and goals of science are considered as well as several specific research techniques or designs. The ethics of research with human and animal subjects will be covered. (C-ID PSY 200)

## **PSYC 005 Abnormal Psychology**

**3.0 Units**

*Prerequisite: PSYC 001*  
*Course Advisory: ENGL 001, LR 010, ENGL 062*  
*General Education: Opt. A: Area B2; Opt. B: Area 4; Opt. C: Area D*  
*Transferable to UC/CSU*  
*Hours: 48-54 lecture*

An overview of psychological disorders surveying selected disorders in the current version of the Diagnostic and Statistical Manual (DSM), including mood disorders (such as depression, bi-polar disorder), anxiety disorders, psychotic disorders (such as schizophrenia), personality disorders, eating disorders and others. The course discusses historical and scientific approaches to explain and to treat these disorders from bio-psycho-social perspectives. (C-ID PSY 120)

## **PSYC 006 Developmental Psychology**

**3.0 Units**

*Course Advisory: PSYC 001*  
*General Education: Opt. B: Area 4; Opt. C: Area D, E*  
*Transferable to UC/CSU*  
*Hours: 48-54 lecture*

Study of development from the prenatal period through the lifespan. Emphasis will be on current theories and research in developmental psychology. Physical, cognitive, social-emotional, intellectual and linguistic aspects of development will be examined. Included are influences of family, society and culture. This course does not fulfill the lifespan requirement for the nursing major. (C-ID PSY 120)

## **PSYC 007 Cross-Cultural Psychology**

**3.0 Units**

*Course Advisory: PSYC 001 with a minimum grade of C*  
*General Education: Opt. A: Area E; Opt. B: Area 4;*  
*Opt. C: Area D, SCC Cross-Cultural*  
*Transferable to UC/CSU*  
*Hours: 48-54 lecture*

An overview of cross-cultural psychology with critical and comparative study of psychological topics such as ethnicity, gender, cognition, emotion, personality, health, and social interaction. Various ethnic populations within the United States, cultural values and individual beliefs will be examined in this class. Contemporary and historical research on the influence of culture on human psychology is reviewed. A service learning activity and/or field trip may be part of this class.

## **PSYC 012 Introduction to Gender**

**3.0 Units**

*Course Advisory: PSYC 001*  
*General Education: Opt. A: Area B2; Opt. B: Area 4; Opt. C: Area D*  
*Transferable to UC/CSU*  
*Hours: 48-54 lecture*

An examination of the psychological, sociological, biological, cognitive, and cultural theories and research of sex and gender. Analysis of the effects of gender expectations and practices on individual development, health, relationships, and the workplace. Includes agents of socialization, impact of economic and political change, social construction of sexuality and gender identities, and intersectional aspects of gender which includes race, ethnicity, and class. Open to all students. (C-ID SOCI 140) (C-ID SJS 120)

# Psychology

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## **PSYC 020 Personal and Social Behavior 3.0 Units**

*General Education: Opt. A: Area B2; Opt. B: Area 4; Opt. C: Area D, E*  
*Transferable to UC/CSU*  
*Hours: 48-54 lecture*

Study of human behavior in the process of adjusting to life's changes. The emphasis is on normal and abnormal adaptations to the various challenges which life presents. Issues related to the major schools of thought and their views towards a healthy personality effective and ineffective behavior, behavioral disorders, psychotherapy, relationships, careers and personal growth will be examined.

## **PSYC 030 Introduction to Social Psychology 3.0 Units**

*Course Advisory: PSYC 001*  
*General Education: Opt. A: Area B2; Opt. B: Area 4;*  
*Opt. C: Area D*  
*Transferable to UC/CSU*  
*Hours: 48-54 lecture*

Explore how thoughts, feelings, and behavior of individuals are influenced by the actual, imagined, or implied presence of others. Focus will be on the social factors that influence human behavior; other people, institutions, situations and the social and physical structures people have created. A review of the various perspectives unique to social psychologists and a variety of classical research in social psychology will be studied. Same course as SOC 030. (C-ID PSY 170)

## **PSYC 034 Human Sexual Behavior 3.0 Units**

*General Education: Option B: Area 4; Option C: Area D, E*  
*Transferable to UC/CSU*  
*Hours: 48-54 lecture*

Objective exploration of the various issues pertaining to human sexual behavior from the perspective of the behavioral and social sciences. Some of the major topics to be discussed include history of sexuality, attitudes, behaviors, life styles, psychosexual development, role and identity, sexual dysfunctions, therapy and treatment.

## **PSYC 040 Drugs, Society and Behavior 3.0 Units**

*General Education: Option C: Area E*  
*Transferable to UC/CSU*  
*Hours: 48-54 lecture*

The historical, sociological, psychological, physiological, pharmacological and legal aspects of drugs. Emphasis will be placed on the effects of stimulants, sedative-hypnotics, narcotics, hallucinogens, alcohol, marijuana and inhalants. Various education, prevention and treatment approaches will be discussed. (C-ID PHS 103)

## **PSYC 049 Psychology Honors 1.0 to 3.0 Units**

*Prerequisite: Completion of 24 units of college credit with a minimum GPA of 3.3; a minimum of 5 units in the discipline with a minimum grade of B; an ability to work independently; permission of the School Dean based on instructor availability*  
*Transferable to CSU*  
*Hours: 48-162 lab by arrangement*

Independent study designed for honor students who intend to major in psychology. Students may take this course up to the maximum number of units over multiple semesters.