

Dance

Dance

Program Description

This program is designed for students planning to transfer to a four-year university to major or minor in dance. A comprehensive dance education will develop skills required to create, perform, communicate and grasp the essence of dance. These skills are acquired through the study of modern dance, ballet technique, jazz technique, hip-hop technique, ballroom technique, performance, as well as dance production, dance appreciation, choreography composition and music fundamentals.

Associate in Arts Degree

The Associate of Arts Degree can be obtained upon completion of 60 units, including the courses in the major for Dance and SCC General Education - Option A, and electives. All courses in the major must be completed with a grade of C or better or a P if the course is taken on a pass-no pass basis.

Program Outcomes

Students who complete the Dance Associate Degree will be able to:

1. Demonstrate the skills required to perform at a proficient level in a variety of dance styles including ballet, jazz, hip-hop and modern dance.
2. Demonstrate an understanding and appreciation for the principal historical, theoretical, and critical approaches to dance as a performing art.
3. Demonstrate a working knowledge of production techniques, including backstage, and show management.

REQUIRED COURSES	Units
DANC 004 Dance Appreciation	3
DANC 004E Dance Production	3
DANC 004G Dance Choreography	2
1 course from Music	3
5 courses from Beginning Dance	5
3 courses from Intermediate Dance	3
Required Major Total Units	19

Music (select one course)	Units
MUSC 008 Music Appreciation	3
MUSC 013 Multicultural Music in America	3

Beginning Dance (select five courses)	Units
DANC 004A Beginning Contemporary Modern Dance .	1
DANC 004F Beginning Hip-Hop Dance	1
DANC 004H Beginning Jazz Dance	1
DANC 004J Beginning Ballroom Dance	1
DANC 004K Beginning Ballet	1
DANC 004N Beginning Swing Dance	1
KINE 006E Fundamentals of Yoga	1

Intermediate Dance (select three courses)	Units
DANC 004M Intermediate Ballet	1
DANC 004P Intermediate Jazz Dance	1
DANC 004S Intermediate Swing Dance	1
DANC 004T Intermediate Ballroom Dance	1
KINE 006F Intermediate Yoga	1

Solano General Education	21
Electives (as needed to reach 60 units)	16
Total Degree Units Solano GE	60

**9 units may be double counted toward both the major area of emphasis and CSU General Education or IGETC Pattern. Consult with a counselor for more information on completing this degree.*

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DANC 004 Dance Appreciation

3.0 Units

General Education: Option B: Area 3A, 3B; Option C: Area C1
Transferable to UC/CSU
Hours: 48-54 lab

Explores the development of dance in Western Europe and the United States from ancient times to the present. Explores dance as an emerging art form from the Renaissance to the 20th century. Emphasizes the contemporary dance heritage of the United States. Field Trip may be requested. (Formerly KINE 004)

DANC 004A

1.0 Unit

Beginning Contemporary Modern Dance

*General Education: Option A: Local District Requirements, *A;*
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab

Introduction to basic contemporary modern dance techniques. This class will focus on proper contemporary modern dance alignment, terminology, center work, movement across the floor, composition and self-expression through movement. Students will study posture and alignment for dance, alignment reference points and basic postural muscles. Students will develop physical strength, flexibility, coordination, and an increase in movement memory. Students will study the basic components of fitness as they relate to dance training and basic health guidelines for nutrition and injury care and prevention. Students will explore a variety of common accompaniments for contemporary modern dance. Basic music notation will be presented in preparation for future dance composition. The history of Modern Dance is included. Interval skills exams and written exams serve to measure student achievement. (Formerly KINE 004A)

DANC 004B Beginning Tap Dance

1.0 Unit

*General Education: Option A: Local District Requirements, *A;*
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab

Introduction to body placement, body balance, rhythm, coordination, musicality, and a repertoire of the traditional tap (foot) techniques. This course presents lecture information on music, music analysis, understanding basic components of fitness as related to dance, nutrition and basic first aid and injury prevention. History of tap dance as an indigenous American dance form is included. Skills exams and written exams are used to evaluate student achievement. (Formerly KINE 004B)

DANC 004C Intermediate Tap Dance

1.0 Unit

Prerequisite: A minimum grade of C in DANC 004B
*General Education: Option A: Local District Requirements, *A;*
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab

Explore intermediate tap dance step, patterns, combinations, and choreography. Music theory concepts as they apply to the syncopated rhythms of tap dance are included. The history of tap dance as an indigenous American dance form is discussed. Interval performance exams are used to evaluate student achievement. Written exams are used to evaluate the student's knowledge of technique, music theory, rhythmic patterns, and the historical and cultural significance of tap dance in America. Students will learn to appreciate this dance form via attendance at a dance concert or musical theater performance. (Formerly KINE 004C)

DANC 004D Advanced Jazz Dance

1.0 Unit

Prerequisite: DANC 004P with a minimum grade of C
*General Education: Option A: Local District Requirements, *A;*
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab

For students who have vocational or avocational interests in dance. Course emphasis is on the skill development and analysis of intermediate-level and advanced-level techniques and patterns. Selected technique syllabi of various dance artists will be presented and studied. Jazz idioms, styles, and the historical and cultural development are included. Participation in the annual dance concert is encouraged. Interval skills exams and written exams serve to evaluate student achievement. Recommended for Kinesiology and Theatre Arts majors.

DANC 004E Dance Production

3.0 Units

*General Education: Option A: Local District Requirements, *A*
Transferable to UC/CSU
Hours: 16-18 lecture, 96-108 lab by arrangement

Designed for dance students interested in public performance. Experiences in student choreography are included in addition to participation in the annual college dance concert. Interval skills exams and written exams serve to evaluate student achievement. Recommended for Theatre Arts Majors. (Formerly KINE 004E)

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DANC 004F Beginning Hip-Hop Dance 1.0 Unit

*General Education: Option A: Local District Requirements, *A;
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab*

Introduction to the fundamentals of beginning hip-hop dance style. Students will learn general patterns as well as the basics of creating their own style and routines. Information describing the history and cultural development of hip-hop as a dance form will be presented. (Formerly KINE 004F)

DANC 004G Dance Choreography 2.0 Units

*General Education: Option A: Local District Requirements, *A
Transferable to UC/CSU
Hours: 16-18 lecture, 48-54 lab*

An overview of the field of choreography and a study of the elements of dance composition as related to a specific form of dance, such as Jazz, Modern, Ballet, Hip-Hop, Ballroom, and Tap, based on individual student need. Students will choreograph dance studies applying a variety of choreographic approaches and techniques. Students will participate in a class, community and/or college performance. Recommended for Kinesiology, Dance/Theatre, or related arts majors. Dance experience recommended. (Formerly KINE 004G)

DANC 004H Beginning Jazz Dance 1.0 Unit

*General Education: Option A: Local District Requirements, *A;
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab*

Introduces basic jazz techniques, styles, terminology, and history. This course presents lecture information on posture for the dancer, music analysis, understanding basic components of fitness as related to dance, nutrition and injury prevention, and choreography dance notation. The course focuses on sequential development of basic jazz patterns in preparation for future dance composition. Interval skills exams and written exams serve to evaluate student achievement. (Formerly KINE 004H)

DANC 004J Beginning Ballroom Dance 1.0 Unit

*General Education: Option A: Local District Requirements, *A;
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab*

Introduction to the basic skills and techniques of ballroom dance. This course will also provide a short history, demonstration, and instruction of popular ballroom dances. Following good practice of exercise in dance execution, the students benefit from the activity and the cultural experiences. Dances selected from the following: Cha-Cha, Rumba, Nightclub Two-Step, East & West Coast Swing, Lindy-Hop, Salsa, Tango, Waltz, Samba, Rumba and Merengue. Attention on proper techniques in both lead and follow dance positions, including proper form, footwork, alignment, and correct posture. Music is varied to broaden the experience with different tempo and styles. No prior experience in dance required; partner not required. (Formerly KINE 004J)

DANC 004K Beginning Ballet 1.0 Unit

*General Education: Option A: Local District Requirements, *A;
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab*

An introduction to beginning classical ballet dance forms, positions, body alignment, patterns, and barre work. The lesson is conducted with the associated French terminology for all movements and steps. The history of ballet is presented and significant choreographers and ballets are discussed. Students will study proper dance posture, the muscular system as it relates to ballet movement and proper nutritional guidelines for the dancer. Basic first aid and injury prevention and treatment for self-care injuries will also be included in lectures. Performance exams and written exams are given to evaluate student achievement. Students will be required to submit a term project on the history of Ballet. (Formerly KINE 004K)

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DANC 004M Intermediate Ballet

1.0 Unit

Prerequisite: DANC 004K with a minimum grade of C
*General Education: Option A: Local District Requirements, *A;*
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab

Exposes students to intermediate ballet skills and will expand technical development for artistic growth. Emphasis is on style and the aspects of interpretation of movement needed for development of the classical dancer. Skills exams and written exams are given to evaluate student achievement leading to studio recital or performance. (Formerly KINE 004M)

DANC 004N Beginning Swing Dance

1.0 Unit

*General Education: Option A: Local District Requirements, *A;*
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab

An introductory experience of the popular American social dances known as “Swing” and an exploration of the cultural scene that created them. The course surveys historical dance varieties and East Coast/West Coast regional differences as well as the latest trends and styles. Instruction, history, and open dancing will be included in class. Attention is paid to proper technique in both lead and follow dance positions, footwork alignment and posture. (Formerly KINE 004N)

DANC 004P Intermediate Jazz Dance

1.0 Unit

Prerequisite: DANC 004H with a minimum grade of C
*General Education: Option A: Local District Requirements, *A;*
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab

Intermediate-level jazz techniques, styles, and terminology. Students will gain increased knowledge of dance posture and of the muscular functions of the major muscles that affect basic dance movements. Intermediate musical analysis will include 8 count phrasing. The course focuses on sequential development of intermediate jazz dance patterns in preparation for dance composition. Interval skills exams and written exams serve to evaluate student achievement. (Formerly KINE 004P)

DANC 004S Intermediate Swing Dance

1.0 Unit

Prerequisite: DANC 004N with a minimum grade of C.
*General Education: Option A: Local District Requirements, *A;*
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab

Gain a higher level of understanding of terminology, music, and history of swing dance and improve their technique around steps, lifts, patterns, and rhythms. A partner is not required. (Formerly KINE 004S)

DANC 004T Intermediate Ballroom Dance

1.0 Unit

Prerequisite: DANC 004J with a minimum grade of C
*General Education: Option A: Local District Requirements, *A;*
Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lab

Intermediate techniques and styles of ballroom dance. Students will gain improved rhythm, skills, and an increased knowledge of patterns and variations of popular ballroom dances: American Style Waltz, Tango, Cha-Cha, Nightclub Two-Step, Rumba, East Coast Swing, West Coast Swing, Salsa, and Merengue. Increased attention on proper techniques in both lead and follow dance positions including proper form, footwork, alignment, and correct posture. Music is varied to broaden the experience with different tempo and styles. (Formerly KINE 004T)