

Interdisciplinary Studies

Science and Quantitative Reasoning

Program Description

This major is designed for students who are not certain of their specific academic major goals and do not have immediate transfer plans. It would enable them to earn the Associate Degree by completing general education and the 18-unit major. The program is intended to involve inquiry into the physical universe and its life forms with consideration of facts and principles which form the foundations of living and non-living systems. Students will explore scientific methodologies as investigative tools, the acquisition and use of evidence, and the past and present influences of science on world civilizations. Understanding and analysis of basic mathematical and quantitative reasoning concepts will be explored. This area includes courses in areas such as computer science, math, and science.

Associate in Arts Degree

The Associate in Arts Degree can be obtained by completing a minimum of 18-units in the major, Option A general education, and electives. All courses for this major must be completed with a minimum grade of C or a P if the course is taken on a Pass/No Pass basis.

Program Outcomes

Students who complete an Associate Degree will be able to:

1. Discern the relationship between personal perspective and evidence-based evaluation of information..
2. Discover the nature and common themes of the disciplines represented
3. Acquire a knowledge base that encourages lifelong learning in order for them to effectively adapt to a complex and changing society.

REQUIRED COURSES:

Minimum 6 units from Science

Minimum 6 units from Quantitative Reasoning

**Chemistry courses may not be used in both areas, must choose one area.*

Required Major Total Units: Minimum of 18

SCIENCE

ANTH 001

ASTR 010, 020, 030, 040

BIO 002, 003, 004, 005, 012, 012L, 015, 016, 018, 019

CHEM* 001, 002, 003, 004, 010, 011, 051, 160

ENGR 017, 030, 045

GEOG 001, 001L

GEOL 001, 002, 005

HORT 050

KINE 020V, 020W

NUTR 010

PHYS 002, 004, 006, 007, 008, 010

PHSC 012

PSYC 002

Self Development

CIS 001, 015, 020, 022, 023, 035, 050, 055, 057, 060, 073, 078

CHEM* 001, 002, 010, 160

GEOG 010 or GEOL 010

MATH 002, 004, 011, 012, 020, 021, 022, 023, 030, 031, 040, 051, 102, 103, 104, 112, 114

PSYC 004

Solano General Education..... 21

Electives (as needed to reach 60 units)..... 21

Total Degree Units Solano GE..... 60

Interdisciplinary Studies

Wellness and Self Development

Program Description

This major is designed for students who are not certain of their specific academic major goals and do not have immediate transfer plans. It would enable them to earn the Associate Degree by completing general education and the 18-unit major. The program is designed to equip students with information and tools for lifelong wellness and self development as integrated beings. Students will be well acquainted with the vast landscape of wellness and self development, taking into account the psychological, biological, developmental, physical factors, and they will be able to make effective decisions about optimizing their own wellness, lifestyle, and performance.

Associate in Arts Degree

The Associate in Arts Degree can be obtained by completing the 18-unit major, Solano College Option A GE Pattern, and electives. All courses for this major must be completed with a minimum grade of C or a P if the course is taken on a Pass/No Pass basis. Courses selected cannot be used to fulfill general education.

Program Outcomes

Students who complete an Associate Degree will be able to:

1. Students will discern the relationship between personal perspective and evidence-based evaluation of information.
2. Students will discover the nature and common themes of the disciplines represented
3. Students will acquire a knowledge base that encourages lifelong learning in order for them to effectively adapt to a complex and changing society.

REQUIRED COURSES:

Minimum 6 units from Wellness

Minimum 6 units from Self Development

**Maximum 3 units of credit for Physical Education activity and Athletics courses*

Required Major Total Units 18

Solano General Education..... 21

Electives (as needed to reach 60 units)..... 21

Total Degree Units Solano GE..... 60

Wellness

ATHL* 001, 002A, 002B, 003, 004, 010, 015, 016A, 016B, 017, 020

BIO 004, 005, 016

HED 002, 003

NUTR 010, 012

KINE 020A, 020H, 020S, 020V, 020W

KINE Activity*: 001A, 001D, 002A, 002B, 002D, 002E, 003A, 003C, 003D, 003E, 004A, 004B, 004C, 004D, 004E, 004F, 004H, 004J, 004K, 004M, 004N, 004P, 005C, 005G, 005J, 005K, 005M, 005N, 005P, 006A, 006B, 006C, 006E, 006F, 007A, 007C, 007F, 008A, 008B, 008C, 008F, 008G, 009A, 009B, 009C, 009E, 009F, 009G, 009H, 009P, 078

Self Development

COUN 007, 050, 055, 058, 060, 062, 063, 083, 098

HS 051, 053, 054

CDFS 038, 039, 040, 053, 070

LR 001, 010, 011

PSYC 001, 005, 010, 020, 024, 030, 034, 040, 065

SOCS 051