

# Psychology

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## Psychology

### Program Description

The psychology program provides a broad overview of psychology as a science, in particular regard to major theories, methods and applications. The program emphasizes critical thinking, skeptical inquiry and the scientific approach to understanding behavior and mental processes. In addition, personal, social and organizational issues are explored using psychological principles.

### Associate in Arts Degree

The Associate in Arts Degree can be obtained by completing a total of 60 units, including the 18-unit major, general education requirements and electives. All courses for this major must be completed with a grade of C or better or a P if the course is taken on a Pass/No Pass basis.

### Program Outcomes

Students will be able to demonstrate an understanding of psychology as a science, in regard to major theories, methods and applications.

- Evaluate success rates in core transfer courses -Evaluate performance on exam assessing general knowledge of psychology (theories, methods, concepts).

Students will successfully complete required psychology (major) program courses.

- Examine number of students obtaining AA in psychology. -Evaluate success rates of psychology majors in psychology courses.

### CORE COURSES..... Units

PSYC 001 Introduction to Psychology ..... 3

PSYC 002 Biological Psychology ..... 3

PSYC 004 Research Methods in Behavioral Science ..... 3

MATH 011 Elementary Statistics ..... 4

**Choose 9 units from the list of electives 9**

**Total Units ..... 22**

### Electives

**Choose three courses from the following list of courses.**

PSYC 005 Abnormal Psychology ..... 3

PSYC 006 Developmental Psychology ..... 3

PSYC 007 Cross-Cultural Psychology ..... 3

PSYC 010 Psychology of Woman ..... 3

PSYC 020 Personal and Social Behavior ..... 3

PSYC 030 Introduction to Social Psychology ..... 3

PSYC 034 Human Sexual Behavior ..... 3

PSYC 040 Drugs, Society & Behavior ..... 3

HS 051 Introduction to Human Services ..... 3

# Psychology

## Associate in Arts in Psychology for Transfer (ADT: A.A.-T)

### Program Description

The psychology program provides academic instruction in basic psychological concepts, theories, terminology, and research methods, and promotes life skills, personal growth, and interpersonal effectiveness.

### Associate in Arts in Psychology for Transfer

The Associate in Arts in Psychology for Transfer is especially appropriate for students who plan to complete a bachelor's degree in Psychology at a CSU campus. Students completing an ADT degree are guaranteed admission to the CSU system, but not to a particular campus or major. Students transferring to a CSU campus that does accept the ADT will be required to complete no more than 60 units after transfer to earn a bachelor's degree. This degree also prepares students for psychology degree programs at other four-year institutions, but does not come with the same guarantees. In all cases, students should consult with a counselor for more information on university admission and transfer requirements.

### To earn this ADT degree, students must:

1. Complete 60 semester units that are eligible for transfer to the California State University, including both of the following:
  - a. The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth Requirements
  - b. A minimum of 18 semester units in a major or area of emphasis, as determined by the community college district.
2. Obtain a minimum grade point average of 2.0.

### Program Outcomes:

Students who complete the Associate in Arts in Psychology for Transfer degree will be able to:

1. Demonstrate an understanding of psychology as a science, in regard to major theories, methods and applications.
2. Successfully complete the required psychology (major) program

|   |              |
|---|--------------|
| <b>REQUIRED COURSES</b> .....                         | <b>Units</b> |
| PSYC 001 Introduction to Psychology .....             | 3            |
| PSYC 004 Research Methods in Behavioral Science ..... | 3            |
| MATH 011 Elementary Statistics .....                  | 3            |
| Select one course from List A .....                   | 3-4          |
| Select one course from List B .....                   | 3            |
| Select one course from List C .....                   | 3            |

|   |              |
|---|--------------|
| <b>List A</b> (Select one course) .....     | <b>Units</b> |
| PSYC 002 Biological Psychology .....        | 3            |
| BIO 015 Introduction to Biology .....       | 4            |
| BIO 016 Introduction to Human Biology ..... | 3            |

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|---|--------------|
| <b>List B</b> (Select one course) ..... | <b>Units</b> |
| PSYC 002 Biological Psychology .....    | 3            |

|  |              |
|--|--------------|
| <b>List C</b> (Select one course)                |              |
| PSYC 005 Abnormal Psychology .....               | 3            |
| PSYC 006 Developmental Psychology .....          | 3            |
| PSYC 007 Cross-Cultural Psychology .....         | 3            |
| PSYC 010 Psychology of Women .....               | 3            |
| PSYC 020 Personal and Social Behavior .....      | 3            |
| PSYC 030 Introduction to Social Psychology ..... | 3            |
| PSYC 034 Human Sexual Behavior .....             | 3            |
| PSYC 040 Drugs, Society & Behavior .....         | 3            |
| <b>Total Units</b> .....                         | <b>19-20</b> |

|   |                |
|---|----------------|
| <b>CSU General Education or IGETC Pattern Units</b> . | <b>37 - 39</b> |
| <b>CSU Transferable Electives</b>                     |                |
| (as needed to reach 60 transferable units)*           | .... 10 - 19   |
| <b>Total Degree Units</b> .....                       | <b>60</b>      |

\* 9 - 15 units may be double counted toward both the major area of emphasis and CSU General Education or IGETC Pattern. Consult with a counselor for more information on completing this degree.

# Psychology

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## **PSYC 001**

**3.0 Units**

### **Introduction to Psychology**

*Course Advisory: Eligibility for English 001 and SCC minimum Math standards.* An introduction to psychology as the scientific study of human behavior and mental processes. Major topics include history of field, scientific method, sensation and perception, brain and nervous system, states of consciousness, development, learning, memory, cognition, motivation, emotion, personality, tests and measurements, health psychology, behavior disorders and treatment, and social psychology. C-ID PSY 110. *Three hours lecture.*

## **PSYC 002**

**3.0 Units**

### **Biological Psychology**

*Prerequisite: PSYC 001 with a minimum grade of C. Course Advisory: Eligibility for English 001 and SCC minimum Math standards.* Presents the relationship of genetic and physiological factors to behavior. Topics include neural mechanisms underlying sensory and perceptual processes, emotions, motivation, mental disorders, states of consciousness, learning and memory. C-ID PSY 150. *Three hours lecture.*

## **PSYC 004**

**3.0 Units**

### **Research Methods in Behavioral Science**

*Prerequisite: A minimum grade of C in both PSYC 001 and MATH 011. Course Advisory: Eligibility for English 001.* Introduction to basic methods in the behavioral sciences. Assumptions and goals of science are considered as well as several specific research techniques or designs. The ethics of research with human and animal subjects will be covered. PSY 200. *Three hours lecture.*

## **PSYC 005**

**3.0 Units**

### **Abnormal Psychology**

*Prerequisite: PSYC 001. Course Advisory: ENGL 062, eligibility for English 001, and SCC minimum Math standard.* Theoretical approaches to the explanation of psychological disorders. Survey of selected disorders in DSM IV, including psychoses, anxiety disorders, and depression. Survey of major therapeutic methods. *Three hours lecture.*

## **PSYC 006**

**3.0 Units**

### **Developmental Psychology**

*Course Advisory: Eligibility for English 001, SCC minimum Math standard, and PSYC 001.* The course is a study of development from the prenatal period through the lifespan. Emphasis will be on current theories and research in developmental psychology. Physical, cognitive, social-emotional, intellectual and linguistic aspects of development will be examined. Included are influences of family, society and culture. This course does not fulfill the lifespan requirement for the nursing major. *Three hours lecture.*

## **PSYC 007**

**3.0 Units**

### **Cross-Cultural Psychology**

*Course Advisory: A minimum grade of C in ENGL 001, MATH 320, and PSYC 001.* An overview of cross-cultural psychology with a critical and comparative study of psychological topics such as ethnicity, gender, emotion, personality, health, cognition, social interaction. Emphasis is on discussion of contemporary and historical research on the influence of culture on human mind and behavior. Various ethnic populations within the United States will be examined. Students will examine cultural values and individual beliefs in the context of this class through service learning and field trips. A service learning component of eight to ten hours/semester and field trips (1-2) may be part of the course. *Three hours lecture.*

## **PSYC 010**

**3.0 Units**

### **Psychology of Women**

*Course Advisory: PSYC 001.* Study of contemporary women from a biological, psychological and sociological perspective. Theory and research pertaining to female development will be presented and critically examined. Open to all students. *Three hours lecture.*

## **PSYC 020**

**3.0 Units**

### **Personal and Social Behavior**

*Course Advisory: SCC minimum English and Math standards.* Study of human behavior in the process of adjusting to life's changes. The emphasis is on normal and abnormal adaptations to the various challenges which life presents. Issues related to the major schools of thought and their views towards a healthy personality effective and ineffective behavior, behavioral disorders, psychotherapy, relationship, careers and personal growth. *Three hours lecture.*

# Psychology

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## **PSYC 030**

### **Introduction to Social Psychology**

*Course Advisory: PSYC 001; Eligibility for English 001 and SCC minimum Math standard.* This course will explore how thoughts, feelings, and behavior of individuals are influenced by the actual, imagined, or implied presence of others. Focus will be on the social factors that influence human behavior; other people, institutions, situations and the social and physical structures people have created. A review of the various perspectives unique to social psychologists and a variety of classical research in social psychology will be studied. Same course as SOC 030. *Three hours lecture.*

**3.0 Units**

## **PSYC 034**

### **Human Sexual Behavior**

*Course Advisory: SCC minimum English standard.* Objective exploration of the various issues pertaining to human sexual behavior from the perspective of the behavioral and social sciences. Some of the major topics to be discussed include history of sexuality, attitudes, behaviors, life styles, psychosexual development, role and identity, sexual dysfunctions, therapy and treatment. *Three hours lecture.*

**3.0 Units**

## **PSYC 040**

### **Drugs, Society and Behavior**

*Course Advisory: Eligibility for English 001 and SCC minimum Math standard.* The course will cover the historical, sociological, psychological, physiological, pharmacological and legal aspects of drugs. Emphasis will be placed on the effects of stimulants, sedative-hypnotics, narcotics, hallucinogens, alcohol, marijuana and inhalants. Various education, prevention and treatment approaches will be discussed. *Three hours lecture.*

**3.0 Units**

## **PSYC 049**

### **Psychology Honors**

*Prerequisite: Completion of 24 units of college credit with a minimum GPA of 3.3; a minimum of 5 units in the discipline with a minimum grade of B; an ability to work independently; permission of the School Dean based on instructor availability.* Independent study designed for honor students who intend to major in psychology. Students may take this course up to the maximum number of units over multiple semesters. *Three to nine hours by arrangement.*

**1.0 to 3.0 Units**