

Suggestion 1: CURRENT

Local District Requirement – Health and Kinesiology

Choose one of the Following Options

- Two **KINE** or **DANC** activity courses (one unit each) or **SPMD 071**
- Two **ATHL** intercollegiate athletics courses
- One **KINE** or **DANC** activity courses or **SPMD 071** and one **ATHL** intercollegiate athletics course
- **DD214** (military experience)
- One of the following courses:
 - **HED 002, 003**
 - **KINE 020A, 020V, 020W, 057**
 - **SPMD 054, 055A, 055B**

Suggestion 2: Current with Option C

DD214 (military experience);

Students pursuing degrees requiring 40 or more units in the major (Airframe/Powerplant, Automotive Technician, Biology, Cosmetology, Engineering, Nursing)

Suggestion 3:

Area G – Lifelong Learning and Self Development

Solano GELO: Students will demonstrate knowledge of the physical, psychological, cognitive, and/or developmental practices that foster personal well-being and human development

Choose Option A, B, or C

Option A: Complete 3 units minimum in Section 1 and 2	Section 1: Complete a minimum of 1 unit	Section 2: Complete a minimum of 1 unit	
	Activity Courses indicated by *A: ATHL DANC KINE	Section 2: BSOT 105, 106, 110, 111, 112, 113, 114 BUS 074, 097 DMA (one unit courses) DRFT 145 HORT 301A KINE 050A, 050B	LR 010 MUSC (one-two unit courses) OCED 070, 071, 090, 091 OT 056, 162 PHOT 163, 164, 165 SPMD 071
Option B: Complete one 3+ unit course	ATHL 001, 003, 003A, 004, 010, 015, 015A, 022, 022 DANC 004E EMT 128 HED 002, 003 KINE 020A, 020S, 020V, 020W, 057 NUTR 010, 012 SPMD 054, 055A, 055B	ACCT 180 ASL 006 ART Activity courses indicated by *A BUS 005 CDFS 052, 077, 078 CIS 061 CJ 057 COMM 008	DMA? ENGR 001 IT 151, 179 MGMT 055, 191 MKT 171 OT 101 PHOT 029 THEA?
Option C: Requirement waived	<ul style="list-style-type: none"> • DD214 (military experience) • Students pursuing degrees requiring 40 or more units in the major (Airframe and/or Powerplant, Automotive Technician, Biology, Cosmetology, Fire, Engineering, Nursing) 		

Suggestion 4:

Area G – Health, PE & Lifelong Learning Requirement

Complete a minimum of 3 units in both Area A and B OR complete C

A. 1-2 units	ATHL DANC KINE SPMD	And/or 3+ unit course:	ATHL HED DANC KINE	NUTR 010 SPMD
B. 1-2 units	Lifelong Learning: _____			
C. DD214 (military experience)				

Requirements from 115 Community Colleges in California (not including SCC):	Of the 115 colleges	
54 Activity/Lifelong Learning 32 Activity/Health Education 7 Activity Only 2 Health Education Only 4 Lifelong Learning Only 16 have no requirement	<u>Activity</u> 46 require Activity 29 - 1 unit, 16 – 2 unit, 1 – 3 unit <u>HED</u> 22 require HED	<u>Lifelong Learning</u> 35 require 2+ units of LL