

For those who do not know me. I have been working at the college since 2001 and have been teaching Kinesiology, Dance and Health Education courses. Prior to coming to Solano College, I taught for 14 years at many four year and two-year schools as part time faculty.

I recently wrote the AA Dance Degree, which I am very excited about.

I am pleased that a couple of our division colleagues were able to participate in a productive way for this meeting today. This time of year, right before Thanksgiving, in person teaching and athletic playoff games have prevented others from being able to attend today's meeting and to argue for the keeping the current Local GE option A requirement of Kinesiology, Athletics, Dance, Health Education and Sports Medicine. Each faculty member in our division is 100% for keeping the Local GE option A and are 100% against eliminating the requirement.

Sarah just recently sent out the newest proposal and our division has not had an opportunity to further analyze all the many new courses being added to this area. Also, we have not discussed the various programs being exempt from the requirement.

We have not had an opportunity to discuss those courses that can be argued to meet the requirement and those courses that may be hard to argue. But I will argue that our division and courses meet each lifelong learning CSU requirement that demonstrates knowledge of the physical, psychological, cognitive, and/or developmental practices that foster personal well-being and human development. I will argue that no other courses in other departments meet each requirement.

I hope everyone had an opportunity to review my talking points that I presented to the Academic Senate last spring. Unfortunately, I do not have the time to present all the material that was presented but will emphasize that our division is committed and understands the health implications of not doing physical activity and the need in educating our students in implementing a healthy lifestyle.

Kinesthetic learning in all forms is an important part of the psychomotor domain in learning and helps a student develop physical literacy.

Students perform better in their academics by taking physical education activity type classes.

Our division has recently learned of AB 928. This new legislation could have serious implications for the future of Kinesiology/Health Education and

elimination of CSU/UC/IGETC lifelong learning from the possible new consolidated general education plan. If this were to go into effect this will have serious consequences for our division

The Physical Education and health requirement have been in place since the 1970's, which proves that the college has understood the importance and value of maintaining the integrity of this requirement. Health maintenance is no less important today than it is today than the 1970's. I would argue that it has grown in importance as many diseases are related to inactivity. Many people may not want to get off the couch, it is beneficial for them to do so.

The voting members on this Curriculum Committee have an invested interest in changing the current Option A, because of their courses or programs being a part of this new GE Option A proposal, which to me establishes an unfair playing field.

Our faculty in Kinesiology, Dance, Athletics and Sports Medicine have greatly impacted the health and wellness of our student population in so many ways and especially during this worldwide pandemic.

I do believe postponing a vote for eliminating the current Option A requirement be postponed for further discussion and gathering arguments.

Thank you, colleagues, for listening to my viewpoints on my passion for physical activity, because it matters.