FALCON LEARN TO SWIM CAMP 2014

Small Class Sizes and Excellent Instruction in a Safe Environment

DATES

All classes: Monday - Thursday

SESSION 1  June 9th - June 19th
SESSION 2  June 23rd - July 3rd
SESSION 3  July 7th - July 17th
SESSION 4  July 21st - July 31st

TIMES

9:30-10:00 AM  11:15-11:45 AM
10:05-10:35 AM  11:50 AM - 12:20 PM
10:40-11:10 AM

8 lessons per session
Cost: $80 per session

INTRODUCTION TO SURFING AND PADDLE BOARDING CAMP

Friday Morning or from 1:30-2:30PM Daily

FOR MORE INFORMATION please contact:
Scott Parrish at
scott.parrish@solano.edu
or 707-863-7848

All sessions will be held at the
Solano Community College
Swimming Pool.
4000 Suisun Valley Road
Fairfield, CA. 94534
**FALCON LEARN TO SWIM CAMP 2014**

*Small Class Sizes and Excellent Instruction in a Safe Environment*

<table>
<thead>
<tr>
<th>SWIMMER(S) NAME</th>
<th>DATE OF BIRTH</th>
<th>AGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Parent/Guardian Name ___________________________ Home Phone ________________________

Home Address ___________________________ Cell Phone ________________________

Email Address ___________________________ Work Phone ________________________

**DATES - Please circle the session that you would like to attend**

<table>
<thead>
<tr>
<th>SESSION 1</th>
<th>June 9th - June 19th</th>
<th>Monday - Thursday</th>
<th>($80)</th>
</tr>
</thead>
<tbody>
<tr>
<td>SESSION 2</td>
<td>June 23rd - July 3rd</td>
<td>Monday - Thursday</td>
<td>($80)</td>
</tr>
<tr>
<td>SESSION 3</td>
<td>July 7th - July 17th</td>
<td>Monday - Thursday</td>
<td>($80)</td>
</tr>
<tr>
<td>SESSION 4</td>
<td>July 21st - July 31st</td>
<td>Monday - Thursday</td>
<td>($80)</td>
</tr>
</tbody>
</table>

**TIMES - Please circle the session that you would like to attend**

<table>
<thead>
<tr>
<th>9:30-10:00AM</th>
<th>10:05-10:35AM</th>
<th>10:40-11:10AM</th>
<th>11:15-11:45AM</th>
<th>11:50AM-12:20PM</th>
</tr>
</thead>
</table>

This information is being distributed as a community courtesy. Fairfield-Suisun Unified School District is neither a legal sponsor nor endorser of this activity.

8 lessons per session Total: $80 per session

Make Checks Payable to: (Solano College Aquatics)

**Medical Information:**
Do(es) your child(ren) have any medical conditions or allergies that our staff should be aware of?

__________________________________________________________________________________________________

**Informed Consent and Release:**
I/we approve of my child’s attendance in the Falcon Swim Camp and certify that he/she is in good health and able to participate in the program activities. In further consideration of the Falcon Swim Camp accepting this application, I/we hereby agree to save and indemnify and keep harmless Falcon Swim Camp staff, its agents, directors, and employees against any and all liability, claims, judgments or demands for damages arising as a result of injuries sustained by the applicant during or as a result of any course given the applicant of the Falcon Swim Camp

**CHILDREN WHO ARE NOT POTTY TRAINED MUST WEAR AN “I PLAY SWIM DIAPER” IN ORDER TO PARTICIPATE. NO EXCEPTIONS.**

__________________________________________________________________________ Date: ___________________

(Signature of swimmer’s parent or guardian)

For further information regarding this Financial Agreement please contact:

Director: Scott Parrish at scott.parrish@solano.edu or 707-863-7848

All sessions will be held at the Solano College Swimming Pool.

4000 Suisun Valley Rd. Fairfield, CA. 94534
PARKING INFORMATION:

**Option 1.** Daily parking permits can be purchased at the parking kiosks for $1 per day.

**Option 2.** Seasonal parking permits can be purchased through the community services office for $10 for the summer. Contact JJ at 707-864-7000 x. 0 or walk to her office in 1638. Her office is close to the swimming pool.

SWIMMING SUIT INFORMATION:

- For those children who are NOT potty trained, please purchase an “I Play” Swimming Diaper. You can find locations on the internet like swimoutlet.com or look for them at retail stores in the area.
- For older children, please purchase tight fitting swimwear that is designed for swimming.
- You can also purchase a tight fitting swim shirt or “rash guard” to provide sun protection and additional warmth.
- Loose fitting swimming suits and shirts can hinder the swimmer and the learning process.

YOUTH SWIMMING INSTRUCTOR INFORMATION:

Our instructors are college ages student-athletes who have many years of competitive swimming experience and years of teaching swimming to children. Most instructors are members of the Solano Community College Swimming Team, and have been chosen by the camp director to be part of the Falcon Learn to Swim Program.

ADULT SWIMMING INSTRUCTOR INFORMATION:

Most of the adult lessons will be given by Scott Parrish. Scott has over 30 years of coaching and teaching experience in the area of aquatics. He has taught and coached men’s and women’s swimming and water polo at the youth, high school, club, community college and university levels. Scott has taught many triathletes and open water swimmers over the past 30 years as well. He also teaches surfing and paddle boarding in his introduction to surfing and paddle boarding camp.

INTRODUCTION TO SURFING AND PADDLE BOARDING CAMP.

TBD for Friday Morning or from 1:30-2:30PM Daily

We are offering our popular introduction to surfing and paddle boarding camp again this summer.

This camp covers many aspects of surfing and paddle boarding such as water safety, board terminology, paddling technique, and how to stand on a moving surfboard. These lessons are $10/per half hour session, are limited to four students per session, and are offered from 130-2:30PM.

If you have any questions, feel free to email me at scott.parrish@solano.edu Please leave a phone number and the best time to call and I will get back to you.