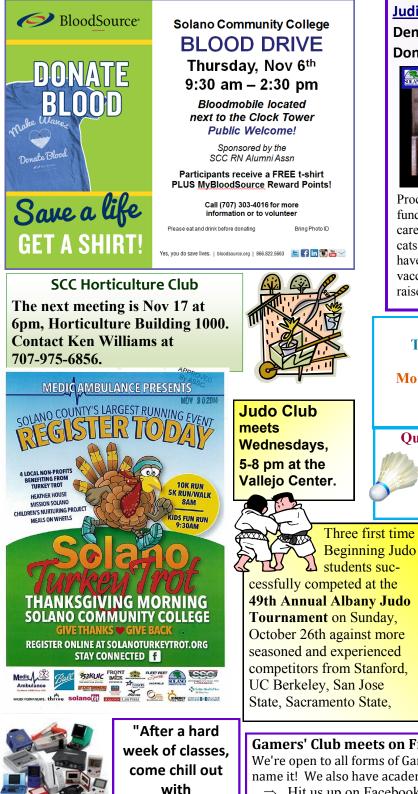


ASSC Newsletter—F14-06

Campus Cat Club Ongoing Cat Food Drive Wet or Dry Food Welcome & Appreciated Bins are located in rooms 1307B, 1425, 200 lobby & 433 upstairs by MESA and downstairs by elevator



The Gamers!"

Campus Cat Club

2015 Calendar Sale - Features pictures of the SCC Feral Cats and SCC academic dates (see sample picture below). Available now. To purchase calendars or donate, contact: Judie.burtenshaw@solano.edu (Rm 433) Dena Hudson (Room 1425)-Student Development Donna Meyer (1307B)-Fine & Applied Arts





Proceeds from all Cat Club fundraisers goes for the care & feeding of the feral cats on Campus. All cats have been neutered and vaccinated with funds raised by this club.



Badminton Club – Open Gym This is a very popular Monday night event. Don't miss out! (see picture below) Mondays – 7:00 to 10:00 pm - through – 12/8/14 \$2 fee at the door (1700 Gym) All equipment provided—Open to all!

Questions? Contact <u>Becky Lum</u>, Club Advisor <u>Rebecca.Lum@solano.edu</u>



Sonoma State, CCSF, private Judo schools, etc. Nicholas Griffin, garnered a Gold Medal (His mother, Connie, a Solano College employee, is also enrolled in the Beginning Judo class; Shane Matthew Wright (aspirations of becoming a CHP Officer) placed second for a Silver Medal and Jason Raynor, for a Bronze third place finish...for a 100% showing.

Gamers' Club meets on Fridays from 1pm - 3pm in 1421 or 1427. We're open to all forms of Gaming: Console, PC, Trading Cards, Tabletop, you name it! We also have academic ties to Mechatronics and Computer Science! ⇒ Hit us up on Facebook: <u>facebook.com/Gamers.Solano</u>

 \Rightarrow Join us on Steam: Solano College Gamer's Club (search for Sccgamers)

Student Health Center – Room 1409 (707) 864-7163

We at the Student Health Center are here to help you stay healthy and learn more about your health. The services at the Student Health Center are free to students.

> **Health Center Staff** Deborah Summers-Collins, PHN Joanne Pires, PHN Regina Huerls-Washington, HA **Health Center Hours**

Monday—Thursday 8:00 a.m.- 7:00 p.m.

Friday. 8:30 a.m. - 3:00 p.m. Closed when there are no classes.



The Student Health Center has many services that support your efforts to succeed at college. Stop by to learn more about our services and to meet our friendly staff. Check out our webpage at www.solano.edu. Click on "Campus Life" then "Health Center"

Tuberculin (TB) Skin Testing is offered by appointment, Mondays & Tuesdays 10:00 a.m. to noon, Monday & Tuesday, 4:00-5:00 p.m. You must return in 48-72 hours post test to have the Tuberculin skin test read and receive your record of testing.

Health Screening exams are available at the Student Health Center for Children's Program students. Drop-in or make an appointment for your Health Screening.

Screenings/testing: Health, diabetic, vision, hearing and urine screenings, are free to students.

Medications: Free over-the-counter medications for common conditions are available free to students at the Student Health Center. Medications include: generic choices of decongestants, pain medications, cough suppressants, decongestants, lubricating eye drops, burn gel, & more.

FREE Condoms: Includes X-large, latex-free & female condoms

Lactation Station: Privacy for breastfeeding students to breastfeed their babies or pump milk. Stop by and we'll find a comfortable place for you.



Fall

HE GREAT AMERICAN Every year, on the 3rd Thurs. of Nov., SMOKEOUT smokers take part in the American Cancer Society Great American Smokeout. They may use the date to make a plan to quit, or plan in advance and then quit smoking that

day. Quitting is hard. Increase your chances of success with help. The American Cancer Society can tell you about the steps you can take to guit smoking and provide guit-smoking programs, resources and support that can increase your chances

Did you know you pay a Health Fee of \$13 per semester. This fee allows you to utilize the Student **Health Center?**

Planned Parenthood Shasta Pacific

1325 Travis Blvd., Suite C, Fairfield, CA 94533 (707) 429-8855

600 Nut Tree Rd. #340, Vacaville, CA 95687 (707) 317-2111

990 Broadway, Vallejo, CA 94589 (707) 643-4545



Mental Health Therapist

No Longer Available at the Student Health Ctr.

For information on Mental Health services in Solano County contact the Student Health Center, or

Aldea Children and Family Services (707) 427-1845

470 Chadbourne Rd., Ste A, Fairfield, 94534 Solano County Mental Health Access Line 1-800-547-0495 Solano County 24 hours Crisis Line (707) 428-1131

Dr. SSEX

Sexual Sensual Erotic eXperience First Safe Sex Clinics Fall 2014

Vacaville Center, Thurs., 11/6/14 11am-3pm

Fairfield (1400 Lobby) - Will return Spring 14. Vallejo Center (1st Floor) - Will return Spring 14 Stop by for free condoms and safe sex information.

> **Outreach Health Services** Nurse Visits to Centers

Vallejo Center - Wed. 11/19, 9:30-11:00 (Rm. 114) Vacaville Center - Wed. 11/12, 9:30-11 am



Immunization Program



Free **Flu Shot Clinics** Nov 17, 18, & 19-10am-1 pm

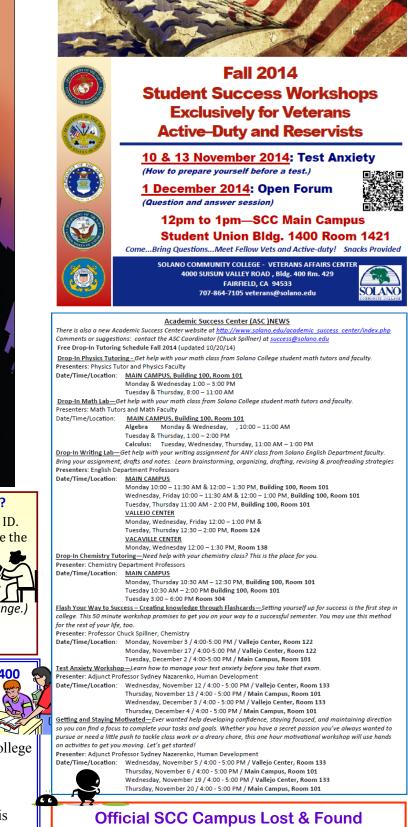
Vallejo Center - Mon., Nov. 17, Rm. 114 Vacaville Center - Tues/, Nov. 18, Rm. 105 Fairfield Campus - Wed., Nov. 19, Rm. 1409

of quitting successfully. To learn about the available tools, call us at 1-800-227-2345, or find free tips and tools here. Check with the SCC Student Health Center too; they have bags of tools to help you. Look for the Zombie Smokeout Mobile App.



"My tutor is the best! I passed my class with an 'A' and had a 'C' when I started to get tutoring."

Call or stop by for more specific information.



Official SCC Campus Lost & Found Located in Student Life Office—Rm. 1425

All items found need to be taken to Rm. 1425 ASAP. If you lost something, check with Student Development Office. They keep records of all items lost/found. Unclaimed items will be disposed of at end of semester. **707-864-7168**