



Some Phi Theta Kappa (PTK) volunteers at Dan Wilson Crk.

Summary of California Coastal Cleanup Day at Solano College Saturday, 9/20/14.

Thanks to over 60 students, staff and other volunteers who cleaned up an area equal to over a mile around Dan Wilson Creek, which runs by Hollister Stadium.

Here is a summary of the cleanup efforts at Solano College. It was quite a successful and fun event.

Many thanks to Horticulture and Bio departments which staffed the table and provided snacks.

Volunteers used over 200 bags in the cleanup effort and 15 brought reusable supplies.

Environmental Club (5)

The volunteers picked up 600 lbs. of trash and 110 lbs. of recyclables!

Groups who came out to participate:

- PTK, SCC Academic Honor Society (6)ASSC (1)
- Nature of Sound (2)

Dr. Patsy Itaya's Anatomy class (29)

- Horticulture (3)
- Campus Cat Club Next meeting: Thur., 10/16/14 1-2 pm—Room 1427
- *Everyone is welcome to join* Come learn how this club has accomplished getting all of the feral cats on campus spayed
- getting all of the feral cats on campus spayed/ neutered.
- Learn how they completed the project of getting raccoon-proof feeders built and installed.
- Some members volunteer at the Solano Feral Cat Group low cost spay/neuter clinic monthly.

You will find this club to be a rewarding experience!

Campus Cat Club Ongoing Cat Food Drive Bins are located in rooms 1307B, 1425, 200 lobby & 433 upstairs by MESA and downstairs by elevator

Next PTK mtg. Fri, Oct. 10, 2014 at 2:30 pm, Rm 432

"After a hard week of classes, come chill out with The Gamers!" Gamers' Club meets on Fridays from 1pm - 3pm in 1421/1427. We're open to all forms of Gaming: Console, PC, Trading Cards, Tabletop, you name it! We also have academic ties to Mechatronics and Computer Science!

- $\Rightarrow \text{ Hit us up on Facebook: } \underline{facebook.com/Gamers.Solano}$
- \Rightarrow Join us on Steam: Solano College Gamer's Club (search for Sccgamers)

SCC Horticulture Club



The next meetings are
Oct. 20 & Nov 17 at 6pm,
Horticulture Building
1000. Contact Ken
Williams at 707-975-6856.

Judo Club meets 5-8 pm Wednesdays at the Vallejo Center. On Sunday, 9/14,/14, Mike Ramirez, Pres. of the SCC Judo Club (SCJC), competed alone and garnered a 2nd place trophy in the East Bay Invitational Judo Tournament for an 85.7% YTD since 4/23/14. The next Judo Tournament, SCJC competes in will be 10/5/14, and hosted by the Sacramento Judo Club.



Campus Cat Club National Feral Cat Day: Thur., 10/16/14 Join us at 1400 Quad (weather permitting) Fundraiser—10am—2 pm

Sustainability Advisory Committee (3)

Chief Student Services Officer (1)

Non-Affiliated SCC students (6)

Volunteers from Travis AFB (3)

Decals, Stickers, Hand-made items, Baked Goods

Animal Control will be here SPCA will be here at 1:30-2:30pm

Come and learn about the SPCA's amazing facility & clinic and what they offer the community (i.e., low cost spay/neuter, vaccines, pet supply store and more **Stop by and support the Campus Cat Club's efforts and their successful first 2 years!**

Badminton Club – Open Gym This is a very popular Monday night event. Don't miss out! (see picture below) Mondays – 7:00 to 10:00 pm - 9/22/14 – 12/8/14 \$2 fee at the door (1700 Gym)

All equipment provided—Open to all!



Questions? Contact <u>Becky Lum</u>, Club Advisor <u>Rebecca.Lum@solano.edu</u>

We at the Student Health Center are here to help you stay healthy and learn more about your health. The services at the Student Health Center are free to students.

Health Center Staff

Deborah Summers-Collins, PHN Joanne Pires, PHN Regina Huerls-Washington, HA **Health Center Hours**

Monday—Thursday 8:00 a.m.- 7:00 p.m. Friday. 8:30 a.m. – 3:00 p.m. Closed when there are no classes.



The Student Health Center has many services that support your efforts to succeed at college. Stop by to learn more about our services and to meet our friendly staff. Check out our webpage at www.solano.edu. Click on "Campus Life" then "Health Center"

Tuberculin (TB) Skin Testing is offered by appointment, Mondays & Tuesdays 10:00 a.m. to noon, Monday & Tuesday, 4:00-5:00 p.m. You must return in 48-72 hours post test to have the Tuberculin skin test read and receive your record of testing.

Health Screening exams are available at the Student Health Center for Children's Program students. Drop-in or make an appointment for your Health Screening.

Screenings/testing: Health, diabetic, vision, hearing and urine screenings, are free to students.

Medications: Free over-the-counter medications for common conditions are available free to students at the Student Health Center. Medications include: generic choices of decongestants, pain medications, cough suppressants, decongestants, lubricating eye drops, burn gel, & more.

FREE Condoms: Includes X-large, latex-free & female condoms

Lactation Station – Privacy for breastfeeding students to breastfeed their babies or pump milk. Stop by and we'll find a comfortable place for you.



Official SCC Campus Lost & Found Located in Student Life Office-Rm. 1425

All items found need to be taken to Rm. 1425 as soon as possible. If you lost something, check with Student Life Office. They keep records of all items lost/found. Items not claimed by the end of the semester will be disposed of.

Did you know you pay a Health Fee of \$13 per semester. This fee allows you to utilize the Student Health **Center?**

Planned Parenthood Shasta Pacific

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1325 Travis Blvd., Suite C, Fairfield, CA 94533 (707) 429-8855

600 Nut Tree Rd. #340, Vacaville, CA 95687

(707) 317-2111 990 Broadway, Vallejo, CA 94589 (707) 643-4545



Mental Health Therapist

No Longer Available at the Student Health Ctr.

For information on Mental Health services in Solano County contact the Student Health Center, or

Aldea Children and Family Services (707) 427-1845 470 Chadbourne Rd., Ste A. Fairfield, 94534 Solano County Mental Health Access Line 1-800-547-0495

Solano County 24 hours Crisis Line (707) 428-1131

Dr. SSEX

Sexual Sensual Erotic eXperience First Safe Sex Clinics Fall 2014 Wed., October 15, 2014 Fairfield (1400 Lobby) - 10:00 - 1:00 p.m. Vallejo Center (1st Floor) - 2:30 – 5:30 p.m. Stop by for free condoms and safe sex information.

> **Outreach Health Services** Nurse Visits to Centers

Vallejo Center - Wed. 10/22, 9:30-11:30 (Rm. 114) Vacaville Center - Wed. 10/15, 9:30-11 am (Rm.104)



Sponsored by the SCC Student Health Center and SafeQuest Solano

Victims and friends of Victims of domestic violence are invited to stop by and create a T-shirt. It's a vehicle for those affected by violence to express their emotions by decorating a shirt that will be hung on a clothesline. "Break the Silence"

All Clothesline events will be held 10am to 1pm Fairfield Campus—1400 Lobby—Mon, 10/6/14 Vallejo Ctr.-Monday, 10/27/14 Vacaville Ctr.—Wednesday, 10/22/14 Nut Tree Airport—Wednesday, 10/1/14

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