

Candace Roe

Counseling Faculy

Candace Roe Mon 9/28/2020 4:54 pm² To: Ginger Cain

Good Afternoon Ginger,

Hope this email finds you and your loved ones well and surviving the air pollution along w/COVID 19 safety precautions. I just met w/Zach on Zoom and we went over what courses he might want to take to complete the degree in Dance here at SCC. I told him to talk to you about when you might be teaching the five courses he'll need for the degree. Even if you don't yet exactly, just giving him an idea will help to narrow it down. As you know Zach is very literal and whatever I put down he'll want to stick with unless he knows ahead of time that a change needs to be done. I must share w/you that I Zach thinks the world of you as his instructor and mentor. Thank you Ginger, he loves dancing and especially taking classes from you. He tells me that you "get him and understand how he thinks" and that's really something Ginger, hats off to you \bigcirc Just wanting to let you know he'll be reaching out to you soon, if not already.

In good health and happiness, Candace

Candace Roe Thu 10/8/2020 7:15 PM To: Ginger Cain Hi Ginger,

Here is basically what I want to share w/you and the Academic Senate members.

The dance classes here at Solano Community College have opened the door for so many of our students with disabilities. No matter the disability, they've been welcomed and enabled to dance and participate in the classes. Adding the degree has created excitement for those students that don't always do well in the more difficult academic programs, inspiring their creativity. The dance program has helped many students improve their self-esteem, give them confidence and create body awareness along with self-pride in their accomplishments. Here in counseling and particularly DSP we counselors have students take dance classes within the first couple of semesters, as the classes have proven to be a gateway and often opens the gate to other courses, certificates and degrees. For example, often students on the spectrum, find college to be overwhelming and unforgiving. By having them take dance courses, they discover that they can manage the social challenges and the post-secondary environment. I'm thinking in particular of a certain young man that wasn't going to stay here at SCC, but when we suggested he try taking swing dancing, not only did he do well, he fell in "love" with it and all other types of dancing. He's now at CSUS working toward his eventual teacher degree in Special Ed and is hoping to use "dancing" with his students, as it made such a huge difference for him. He's also back here finishing up his two-year degree in dancing w/his mentor Ms. Cain. On behalf of our students in this program, we are thankful to Ginger for all the great work she continues to do. She is empowering our students and making it possible for **all of them** to dance away with *happy feet*.

Candace Roe, M.S. DSP Coord/Counselor

*This document was shared by Ginger Cain (Dance/Kinesiology/Health Education Faculty)